

# NUTRITION & OBESITY MANAGEMENT

## 9 Days Intensive Diploma



TRAINING FOR  
PHYSIOTHERAPISTS  
SINCE 2006

**Location:** CAIRO - EGYPT 

**Date:** 31 Oct - 2 Nov / 7-9 Nov / 14-16 Nov , 2024

**Teaching Team:** Certified Instructors From National Nutrition Institute. Egypt

**Dr. Ahmed El-Khateib**

- Lecturer. Faculty of Medicine Pharmacology Department
- Clinical Nutrition Specialist
- International Trainer. Wills University

**Dr. Marian Ragaii**

- Master Degree in Rheumatology
- Clinical Nutrition Diploma
- Clinical Nutrition Specialist at 57357 Cancer Hospital

**Topics to be covered:**

1. Nutrition pathophysiology
2. Obesity Management
3. Assessment (History taken, anthropometric measures)
4. Diet regimens, drug treating obesity, herbal medicine
5. Local management of obesity
6. Vitamins and minerals
7. Pregnancy nutrition
8. Child nutrition and obesity management
9. Nutrition and underweight and pre, probiotics
10. Nutrition in diabetic patient, GIT, hypertension & dyslipidemia, sports
11. Nutrition and underweight and pre, probiotics
12. Practical cases

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### Who can attend:

Physiotherapists, pharmacists & Medical Doctors  
Graduates and internship students



### Program fee:

Early bird registration: First 20 seats

For internship students: 3400 LE    Group registration: 3200 LE  
For Graduates: 3600 LE                      Group registration: 3300 LE

Normal registration:

For internship students: 3700 LE    Group registration: 3400 LE  
For Graduates: 3900 LE                      Group registration: 3600 LE

### This Fee covers:

- Attendance of 9 face to face teaching days
- Attendance certificate
- Coffee break

### For inquiries:

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